The Pilates Studio Class Schedule - BY DAY

(see other side for schedule by class)

CLASS LEVELS INDICATED BY NUMBER
1- Beginner, 2-Intermediate, 3-Advanced

Mondays

8am	2	Bone Density Reformer	Jen
9am	2	Reformer	Molly
9am	2	Pilates Mat	Jen
12pm	2	Reformer	Maureen
12pm	2	Pilates Mat	Laurie
1pm	X	Advanced Skills	Maureen
4pm	1	CoreAlign	Katrina
5pm	1	Beginner Reformer	Libby
5pm	1	Beginner Mat	Michelle
6pm	2	Reformer	Libby
7pm	2	Reformer	Libby

Tuesdays

8am	2	Bone Density Reformer	Maureen
9am	2	Reformer	Maureen
9am	2	Pilates Mat	Laurie
10am	2	Bone Density Reformer	Christine
12pm	1	Beginner Reformer	Michelle
1pm	2	Reformer	Michelle
5pm	1	Bone Density Reformer	Molly
6pm	2	Reformer	Molly
6pm	2	CoreAlign	Kim

Wednesdays

8am	2	Reformer	Libby
9am	2	Bone Density Reformer	Molly
9am	2	CoreAlign	Libby
12pm	2	Reformer	Jen
12pm	2	Pilates Mat	Laurie
1pm	2	Oov	Maureen
4pm	3	CoreAlign	Audrey
5pm	1	Beginner Reformer	Audrey
6pm	2	Reformer	Audrey
7pm	2	Reformer For Runners	Audrey

This class schedule is subject to change.
Check our live class schedule at thepilatesstudioinhadley.com/schedules for the most current updates including class cancellations, spaces available and substitute teachers.

Thursdays

8am	2	Reformer	Maureen
9am	2	Bone Density Reformer	Maureen
9am	2	Pilates Mat	Christine
12pm	1	Bone Density Reformer	Michelle
1pm	2	Reformer	Michelle
4pm	1	Beginner Reformer	Michelle
5pm	3	Advanced Reformer	Jenna
5pm	2	Pilates Mat	Michelle
6pm	2	Jumpboard Reformer	Jenna

Fridays

8am	2	Classical Reformer	Christine
9am	2	Bone Density Reformer	Katrina
9am	2	CoreAlign	Christine
10am	2	Oov	Maureen
11am	1	Beginner Mat	Michelle
12pm	2	Bone Density Reformer	Michelle
1pm	2	Reformer	Michelle

Saturdays

8am	2	Reformer	Maureen
9am	2	Bone Density Reformer	Maureen
10am	X	Advanced Skills	Maureen
11am	1	Beginner Reformer	Maureen

Sundays

9am	1	CoreAlign	Kim
9am	2	Reformer	Michelle
10am	1	Beginner Reformer	Kim
10am	2	Pilates Mat	Michelle
11am	2	Reformer	Kim

Cancellation/No Show Policies:

If you miss class and haven't cancelled (early or late), you'll be charged a $10 **no-show fee** and the class will still be deducted from your account.

For Packages and 2 or 3x/week memberships:
Cancellations less than 24 hours (late cancel) in advance will be deducted from your active packages. If no package exists in your account you will be charged the full single rate.

For Unlimited Monthly Class membership:
Your membership includes one complimentary late cancellation per month, and any unused allowances do not roll over. Any additional late cancellations (under 24 hours in advance) following the initial free allowance will result in a $35 fee, automatically charged to your stored credit ca

The Pilates Studio Class Schedule
- BY CLASS

(see other side for schedule by day)

Beginner Reformer - Level 1

10am	Sundays	Kim
11am	Saturdays	Maureen
12pm	Tuesdays	Michelle
4pm	Thursdays	Michelle
5pm	Mondays	Libby
5pm	Wednesdays	Audrey

Bone Density Reformer - Level 1

12pm	Thursdays	Michelle
5pm	Tuesdays	Molly

Reformer - Level 2

8am	Wednesdays	Libby
8am	Thursdays	Maureen
8am	Saturdays	Maureen
9am	Mondays	Molly
9am	Tuesdays	Maureen
9am	Sundays	Michelle
11am	Sundays	Kim
12pm	Mondays	Maureen
12pm	Wednesdays	Jen
1pm	Tuesdays	Michelle
1pm	Thursdays`	Michelle
1pm	Fridays	Michelle
6pm	Mondays	Libby
6pm	Tuesdays	Molly
6pm	Wednesdays`	Audrey
7pm	Mondays	Libby

Bone Density Reformer - Level 2

8am	Mondays	Jen
8am	Tuesdays	Maureen
9am	Wednesdays	Molly
9am	Thursdays	Maureen
9am	Fridays	Katrina
9am	Saturdays	Maureen
10am	Tuesdays	Christine
12pm	Fridays	Michelle

Advanced Skills

10am	Sundays	Maureen
1pm	Mondays	Maureen
5pm	Thursdays	Jenna

Jumpboard Reformer - Level 2

6pm	Thursdays	Jenna

Classical Reformer - Level 2

8am	Fridays	Christine

Reformer for Runners - Level 2

7pm	Wednesdays	Audrey

Oov - Level 2

10am	Fridays	Maureen
1pm	Wednesdays	Maureen

CoreAlign- Level 1

4pm	Mondays	Katrina
9am	Sundays	Kim

CoreAlign- Level 2

6pm	Tuesdays	Kim
9am	Wednesdays	Libby
9am	Fridays	Christine

CoreAlign- Level 3

4pm	Wednesdays	Audrey

Beginner Mat - Level 1

11am	Fridays	Michelle
5pm	Mondays	Michelle

Pilates Mat- Level 2

9am	Mondays	Jen
9am	Tuesdays	Laurie
9am	Thursdays	Christine
10am	Sundays	Michelle
12pm	Mondays	Laurie
12pm	Wednesdays	Laurie
5pm	Thursdays	Michelle

Please see the other side for important information.